

## Veteran Directed Care

In the Veteran Directed Care program, the Veteran directs their own care. They decide:

- What services are needed
- What services will be provided
- Where services will be provided
- How services will be provided

As part of the Veteran Directed Care program, the Veteran is:

- Given a budget to hire personal care aides and purchase needed items and services
- Responsible for following all program guidelines
- Responsible for recruiting, interviewing, training, supervising, and evaluating their own support workers



*“As we express our gratitude we must never forget that the highest appreciation is not to utter words, but to live by them.”*  
– John F. Kennedy



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# Veteran Directed Care (VDC)

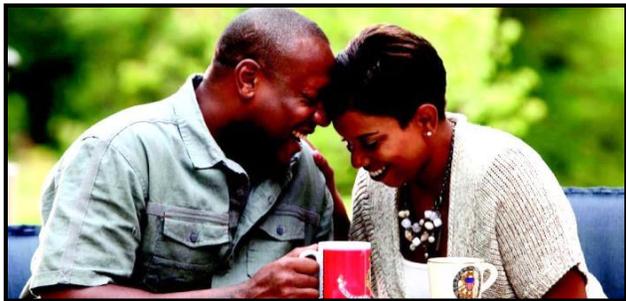


## What is Veteran Directed Care?

Veteran Directed Care is a program that serves eligible Veterans of any age who are at risk of nursing home placement. Veteran Directed Care allows Veterans to receive home and community based services that enable them to avoid institutionalization and continue to live in their homes and communities for as long as possible.

### The Veteran Directed Care Program includes:

- Case management services
- Flexible monthly budget to purchase goods and services such as:
  - In-home personal care
  - Caregiver support
  - Home modifications
  - Adult day care
  - Assistive devices
  - Meal delivery
  - Transportation



## Veteran Directed Care allows Veterans to:

- Decide for themselves what help they need, when they need it, and who provides it
- Work with a case manager who will help develop the spending plan and service plan
- Decide what mix of goods and services will best meet their and their family caregiver's care needs
- Manage a flexible, individual budget
- Hire and supervise their own workers, including family or friends
- Purchase services or goods needed to live independently in the community



## Eligibility:

Veterans of any age who are:

- Enrolled in the Kansas City VA Health Care System
- Have a primary care provider established through the VA
- Those in need of nursing home-level care (as determined by eligibility criteria set by the VA Kansas City Health Care System)
- Those interested in directing their own care

## What Services are provided?

The Veteran can decide what mix of home and community based services will best meet their needs. These services may include:

- Personal care services using workers hired by the Veteran
- Housekeeping, chores, and companion services
- Medication management
- Home delivered and congregate meals

Veterans in this program are given a flexible monthly budget for services that can be managed by the Veteran or an Authorized Representative.